



**HOLY TRINITY**  
**ANGLICAN CHURCH**

*Proclaim. Exalt. Serve.*

**The Third Sunday in Lent**

**March 8, 2026**

**Holy Communion**

# WELCOME

Welcome!

We're so glad you've joined us this morning. Whether you've been following Christ for years or are investigating the Christian faith for the first time you are welcome at Holy Trinity.

As an Anglican church our time together in worship is shaped by ancient liturgies accompanied by old hymns, new choruses and the preaching of God's word. On most Sunday mornings we share Holy Communion together, but on the final Sunday of each month we worship following the service of Morning Prayer. Our services come from the Anglican Church in North America's 2019 Book of Common Prayer. Everything you need to know for our service—like when to sit or stand, song lyrics, corporate prayers and readings can be found here in your bulletin.

Our nursery is open during the whole service for children up to 5 years old. There is a "Little Sanctuary" for nursing moms and young children in between the exit doors on the side closest to the nursery. Kids grades K-5 will be invited to their own time of bible teaching before the sermon. All leaders are vetted and trained folks who will love your kids well! Please make sure you have checked in your son or daughter at the check-in station near the young children's wing.

Want to know more about us? Stop by the Connections Desk outside the sanctuary, complete one of the welcome cards in your seat, or speak with a member of our clergy in the lobby after worship. Thanks again for visiting with us this morning. I look forward to meeting you!

Yours in Christ,



Rev. Dr. John Yates III

# A SERVICE OF HOLY COMMUNION

## WELCOME

### CHORAL INTROIT

*The sacrifice*, Richard Shephard

*The sacrifice of God is a broken spirit: A broken and contrite heart he will not despise.*

### PROCESSIONAL HYMN

*O God beyond all praising*

O God beyond all praising, we worship you today  
And sing the love amazing that songs cannot repay;  
For we can only wonder at every gift you send,  
At blessings without number and mercies without end:  
We lift our hearts before you and wait upon your word,  
We honor and adore you, our great and mighty Lord.

Then hear, O gracious Savior, accept the love we bring,  
That we who know your favor may serve you as our King;  
And whether our tomorrows be filled with good or ill,  
We'll triumph through our sorrows and rise to bless you still:  
To marvel at your beauty and glory in your ways,  
And make a joyful duty our sacrifice of praise.

## A PENITENTIAL ORDER OF WORSHIP

*Officiant:* Bless the Lord who forgives all our sins.

**People:** His mercy endures for ever. Amen.

*Officiant:* Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these." *Mark 12: 29-31*

If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. *1 John 1: 8,9*

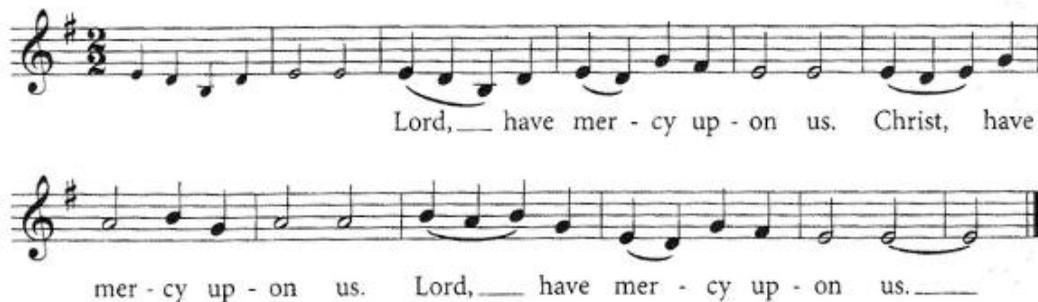
Since we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. *Hebrews 4: 14, 16*

Let us confess our sins against God and our neighbor.

### CONFESSIO*N* *(said by all, kneeling)*

Almighty God, Father of our Lord Jesus Christ,  
maker and judge of us all:  
We acknowledge and lament our many sins and offenses,  
which we have committed by thought, word, and deed  
against your divine majesty,  
provoking most justly your righteous anger against us.  
We are deeply sorry for these our transgressions;  
the burden of them is more than we can bear.  
Have mercy upon us,  
Have mercy upon us, most merciful Father;  
for your Son our Lord Jesus Christ's sake,  
forgive us all that is past;  
and grant that we may evermore serve  
and please you in newness of life,  
to the honor and glory of your Name;  
through Jesus Christ our Lord. Amen.

### *Kyrie (sung by all, kneeling)*



Lord, \_\_\_ have mer - cy up - on us. Christ, have  
mer - cy up - on us. Lord, \_\_\_ have mer - cy up - on us. \_\_\_

## ABSOLUTION

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## THE COMFORTABLE WORDS

Hear the Word of God to all who truly turn to him:

Come unto me, all ye that travail and are heavy laden, and I will refresh you.

*Matthew 11:28*

God so loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life.

*John 3:16*

This is a true saying, and worthy of all men to be received, that Christ Jesus came into the world to save sinners.

*1 Timothy 1:15*

If any man sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the perfect offering for our sins, and not for ours only, but for the sins of the whole world.

*1 John 2:1-2*

## THE COLLECT OF THE DAY

*Officiant:* The Lord be with you.

**People:** **And also with you.**

*Officiant:* Let us pray.

Heavenly Father, you have made us for yourself, and our hearts are restless until they rest in you: Look with compassion upon the heartfelt desires of your servants, and purify our disordered affections, that we may behold your eternal glory in the face of Christ Jesus; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## THE LESSONS *(please sit)*

**The New Testament: Galatians 3:7-24**

*Reader:* The Word of the Lord.

*Red Bible, page 973*

**People: Thanks be to God.**

### **Children's Worship**

*Children grades K-5 are invited to join the teachers and follow the cross at the front of the sanctuary for their own time of kid's worship. They will return to the sanctuary during the announcements.*

## **THE GOSPEL HYMN**

*In Christ alone*

In Christ alone, my hope is found.  
He is my Light, my Strength, my Song.  
This Cornerstone, this solid Ground,  
Firm through the fiercest drought and storm.  
What heights of love, what depths of peace,  
When fears are stilled, when strivings cease?  
My Comforter, my All in All,  
Here in the love of Christ I stand.

In Christ alone who took on flesh,  
Fullness of God in helpless babe.  
This gift of love and righteousness,  
Scorned by the ones He came to save.  
Till on that cross, as Jesus died  
The wrath of God was satisfied,  
For every sin on Him was laid.  
Here in the death of Christ, I live.

There in the ground, His body lay,  
Light of the world by darkness slain.  
Then, bursting forth in glorious Day,  
Up from the grave He rose again.  
And as He stands in victory,  
Sin's curse has lost its grip on me,  
For I am His and He is mine,  
Bought with the precious blood of Christ.

No guilt in life, no fear in death,  
This is the power of Christ in me.  
From life's first cry to final breath,  
Jesus commands my destiny.  
No power of hell, no scheme of man  
Can ever pluck me from His hand.

Till He returns or calls me home,  
Here in the power of Christ I'll stand.

No power of hell, no scheme of man  
Can ever pluck me from His hand.  
Till He returns or calls me home,  
Here in the power of Christ I'll stand.

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## THE GOSPEL

Reader: The Holy Gospel of our Lord Jesus Christ according to Matthew.

People: Glory to you, Lord Christ.

Matthew 5:17-20

Reader: The Gospel of the Lord.

*Red Bible, page 810*

People: Praise to you, Lord Christ.

## THE SERMON

*The Rev. Dr. John W. Yates III*

## THE NICENE CREED

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.

On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## THE PRAYERS OF THE PEOPLE *(all are invited to sit or kneel)*

*Reader:* Let us pray for the Church and for the world.

Almighty God, we praise you for your creation, and all you richly provide. Enable us to live in such a way that your majesty and mercy are seen by all.

Father hear our prayer,  
**through Jesus Christ our Lord.**

All governments rule under your authority. May those who work in our federal, state and local governments seek the good of those they serve, pursuing your justice and peace.

Father hear our prayer,  
**through Jesus Christ our Lord.**

Enable those who work in industry and commerce, the media and education, sport and the arts, to fulfill their responsibilities with integrity and an attitude of service.

Father hear our prayer,  
**through Jesus Christ our Lord.**

Inspire your church here on earth to proclaim the gospel of your love in the death and resurrection of your Son. May all people hear the call to trust in you.

Father hear our prayer,  
**through Jesus Christ our Lord.**

Help your people to display your compassion to those in need. May the poor and the lost of this world find in you their true wealth and sure destiny.

Father hear our prayer,  
**through Jesus Christ our Lord.**

Almighty and most merciful God, you have told us not to think of ourselves only, but to remember the needs of others. We pray for all in want or need, for all who have strayed from your way, for the sick in body or mind, for the poor and lonely, for those in distress and despair or any other adversity especially Zara Best; Lawrence Bivins; Claire Bonney; Jonie Bowie; Larry Crumpler; Gay Eatman; Woody Eatman; Julie Gilbert; Laci Hamilton; Jim Harris; Frank Hill; Liz Holzner; Ann Johnson; Julia Kane; Holland McPeake; Mary B. Raiford; Margaret Steed; Brittany Swanger; Tom Vestal; Ed Weems; and Hubert Zant.

Heavenly Father, we praise you for the birth of Miles Zackary McArdele to Leah and Josh. We pray for all those expecting the birth of a child, especially Rachel and Michael Bittler; Haylee and David Block; Virginia and Derek Eason; Kirsten and Oleg Kakhovsky; Scottie and Eddie O'Herron; and Caroline and James Wiley. Grant comfort and peace to all who desire to conceive, or adopt, and in your time, we pray, give them the joy of children.

Almighty God, we pray for the people of Iran during this time of conflict, that you would protect the weak and the vulnerable, rid them of tyranny, and raise up a new generation of leaders to govern that country with justice. We pray that the conflict would not spread; and we ask that you would bring the broader region into a new era of peace, one in which your church might grow and flourish and spread the good news of the kingdom of God to those living in darkness.

We pray for our loved ones serving in the military, especially Jeb Baker; Samuel Bedor; Chase Duncan; Brennan Hodges and Mitch Snyder— keep them safe, enfold them with your protection and fill them with courage each day.

**Refresh and equip us, O God, to be your faithful and obedient people, through Jesus Christ our Lord. Amen.**

## **THE PEACE & ANNOUNCEMENTS**

### **THE OFFERTORY**

*Romans 12:1*

*Officiant:* I appeal to you therefore, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship.

## OFFERTORY MUSIC

*If thou but suffer God to guide thee, Mendelssohn (9:00am only)*

*If thou but suffer God to guide thee, And hope in him through all thy ways,  
He'll give thee strength, what e'er beside thee, And bear thee through the evil days;  
Who trusts in God's unchanging love Builds on a rock that naught can move.*

*Only be still, and wait his leisure In cheerful hope, with heart content  
To take whate'er thy Father's pleasure And all deserving love hath sent;  
Nor doubt our inmost wants are known To him who chose us for his own.*

*Sing, pray, and keep his ways unswerving; So do thine own part faithfully,  
And trust his word though undeserving; Thou yet shall find it true for thee;  
God never yet forsook at need The soul that trusted him indeed.*

*Out of the depths I cry unto you, Robert Lau (11:00am only)*

*Out of the depths I cry unto you; Lord, hear my voice...  
If you but trust in God to guide you and place your confidence in him,  
You'll find him always there beside you, to give you hope and strength within;  
For those who trust God's changeless love build on the rock that will not move.*

## PRESENTATION OF OFFERINGS AND GIFTS (*Doxology*)

**Praise God from whom all blessings flow; Praise Him, all creatures here below:  
Praise Him above, ye heavenly host; Praise Father, Son, and Holy Ghost. Amen.**

## THE HOLY COMMUNION

**Celebrant:** The Lord be with you.

**People:** **And also with you.**

**Celebrant:** Lift up your hearts.

**People:** **We lift them to the Lord.**

**Celebrant:** Let us give thanks to the Lord our God.

**People:** **It is right to give him thanks and praise.**

*(please remain standing)*

Heavenly Father, we lift our hearts to you as we gather at your table. You are worthy at all times and in all places to receive glory, honor, thanks and praise, through Jesus Christ our Lord: For He is Your living Word from before time and for all ages; by Him you created all things, and by Him you make all things new.

When we had sinned against you and become subject to evil and death you, in your tender mercy, gave Your Son, Jesus Christ, to suffer death upon the cross for our redemption. He made there a full, perfect and sufficient sacrifice, offered once and for all time, for the sins of the whole world. By His death He reconciled us to you, satisfying your just demands. By His rising to new life He has secured eternal deliverance for His people.

We thank You Father, that on the night before He died, Jesus took bread; and when He had given You thanks, He broke it, and gave it to His disciples, saying, "Take, and eat. This is my body given for you. Do this in remembrance of me." After the meal, He took the cup, and again giving You thanks He gave it to His disciples, saying, "Drink from this, all of you. This is my blood of the New Covenant which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me."

Therefore Father, we thank You for these gifts of bread and wine. By the power of your Holy Spirit we pray that all who eat and drink them, believing our Savior's word, may share His body and blood. **Amen.**

*(please kneel or sit)*

And now as our Savior Christ has taught us, we are bold to pray:

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come, thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

Friends, at just the right time, when we were weak and unable to help ourselves Christ Jesus died for the ungodly. These are the gifts of God for the people of God. Take them in remembrance that Jesus Christ died for you and feed on Him in your hearts by faith with thanksgiving.

*Receiving Communion: The ushers will guide your row either to the front of the church or to the rear via the center aisle. Please extend your hands to receive the wafer, which you will then dip in the chalice. Once you have received Holy Communion, please return to your seat via the side aisle. Gluten-free wafers are available.*

*During Communion two prayer ministers will be available to pray with anyone who would like prayer for any reason. They will be stationed in the Prayer Corner, which is in the left transept.*

## COMMUNION MUSIC

*All who hunger (sung by choir)*

*All who hunger, gather gladly; holy mana is our bread.  
Come from wilderness and wand'ring. Here in truth, we will be fed.  
You that yearn for days of fullness, all around us is our food.  
Taste and see the grace eternal. Taste and see that God is good.*

*All who hunger, sing together; Jesus Christ is living bread.  
Come from loneliness and longing. Here, in peace, we have been led.  
Blest are those who from this table live their days in gratitude.  
Taste and see the grace eternal. Taste and see that God is good.*

*The Lord is my light (sung by all)*

**Chorus: Lord, You are my shelter,  
God of my salvation, I am not forsaken,  
Lord, my shield and protector,  
Waiting on Your promise,  
I will see Your goodness, O Lord.**

**The Lord is my light and my salvation,  
Whom shall I fear? Whom shall I fear?  
The Lord is the stronghold of my life,  
Of whom shall I be afraid? Chorus**

When troubles arise, no foe can harm me,  
You are my peace, You are my peace.  
You lift me above the raging storm,  
You conquer my enemies. *Chorus*

One thing I have asked: to see Your beauty.  
This I will seek, this I will seek,  
To dwell in Your house, to walk in Your ways,  
Your presence is all I need. *Chorus*

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### *Christus Victor (sung by all)*

O Most High, King of the ages,  
Great I AM, God of wonders,  
By the blood You have redeemed us,  
Led us through mighty waters.  
Our strength, our song, our sure salvation.

*Chorus: Now to the Lamb upon the throne  
Be blessing, honor, glory, power  
For the battle You have won, Hallelujah!  
With every tribe and every tongue,  
We join the anthem of the angels  
In the triumph of the Son, Hallelujah, Amen.*

O Most High, dwelling among us,  
Son of man, sent for sinners,  
By Your blood You have redeemed us,  
Spotless Lamb, mighty Savior,  
Who lived, who died, who rose victorious. *Chorus*

O Most High King, of the nations,  
Robed in praise, crowned with splendor.  
On that day, who will not tremble  
When You stand, Christ the Victor,  
Who was, and is and is forever. *Chorus*

**A-men, a-men, a - - - a- men (repeat 4x)**

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## POST COMMUNION PRAYER

Heavenly Father,  
We thank you for feeding us with the spiritual food  
of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us in these holy mysteries  
that we are living members of the body of your Son,  
and heirs of your eternal Kingdom.  
And now, Father, send us out to do the work you have  
given us to do,  
to love and serve you as faithful witnesses of Christ our Lord.  
To him, to you, and to the Holy Spirit,  
be honor and glory, now and for ever. Amen.

## THE BLESSING

The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you,  
and remain with you always. **Amen.**

## RECESSIONAL HYMN

*My hope is built on nothing less*

**My hope is built on nothing less than Jesus' blood and righteousness;  
I dare not trust the sweetest frame, but wholly lean on Jesus' name.**

**Refrain: On Christ the solid rock, I stand; all other ground is sinking sand,  
all other ground is sinking sand.**

**When darkness veils his lovely face, I rest on his unchanging grace;  
in every high and stormy gale, my anchor holds within the veil. *Refrain***

**His oath, his covenant, his blood support me in the whelming flood;  
When all around my soul gives way, he then is all my hope and stay. *Refrain***

## THE DISMISSAL

*Officiant:* Let us go forth rejoicing in the good news of Christ!

**People:** Thanks be to God!

\*\*\*\*\*

*Immediately following the service we invite any who desire confidential prayer for any reason to come to the left transept area to pray with a member of our healing prayer team.*

**Holy Trinity Anglican Church**  
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**Office Hours: Mon-Thurs 9-5; Fri 9-4**

**For calendar, ministry info, and other  
resources visit:**  
**[www.htcraleigh.org](http://www.htcraleigh.org)**  
**[www.facebook.com/htcraleigh](https://www.facebook.com/htcraleigh)**

*The Rev. Dr. John W. Yates III, Rector*

*The Rev. Jason Palacio, Associate Rector*

*The Rev. Claudia Greggs, The Rev. Caleb Burr, The Rev. Tripp Gordon, The Rev. Philipa K*

**Holy Trinity is a member of the Anglican Church of North America, Diocese of the Carolinas.**

*Senior Warden: Skip Orser    Junior Warden: George T. Barnes*

*Class of 2027: Susan Fonville, Skip Orser, Lee Perry, Sam Pierce*

*Class of 2028: George T. Barnes, Brian Lane, Mark Roberts, Chris Schollaert*

*Class of 2029: Andrew Atkins, Judy Hill, Willa Kane, Katie Moye*

For a full list of Staff, and their contact information,  
please refer to our website at [www.htcraleigh.org](http://www.htcraleigh.org) under the "About" tab.